

## Health and Wellbeing Working Group Minutes

Thursday 20 February 2025 TEAMS Meeting (Hybrid) 2 – 3.30 pm

**Present CTC:** Cllr Liz Wardlaw (chair), Cllr Suzy Firkin, Cllr Kay Wesley, Cllr Amanda Martin, Kate Fallon (CHOC), Cathy Dean (CTC)

**Teams:** Usman Ashiq(Plus Dane, left 2:40 pm)

1. **Apologies** Cllr Richard Walton, Dr Paul Bishop, Cllr Emma Hall, Rachel Hudson, Head of Communications and Engagement NHS Cheshire East Trust and Usman, Plus Dane Community Engagement Officer

2. Approved meeting minutes of 3.10.24

### 3. **Update on Primary Care Network**

Same Day Access pilot scheme started just after Christmas, with a Nurse Practitioner and a Paramedic to support surgeries with early diagnostics. Sadly the pilot was not successful and did not run for long. Several issues were identified with IT resources and patient confusion.

The ultimate aim is to provide a same-day service at CWMH but until the works on the diagnostic centre are complete this is not possible.

Improve Breast screening uptake in Congleton – ongoing, still trying to access data.

### 4. **Wellbeing Hub - Usman (Plus Dane)**

Usman is happy to report senior management agreed to the project and given it the green light, the target go-live date is early May.

A pilot using 5 organisations to start with, Usman will be confirming with partner organisations and looking to get together in March.

1. Delivery Partners – hot desk/ use the space
2. Delivery Activities
3. Steering Group – help shape and grow the project (Chaired by Plus Dane)

The top floor is currently being decorated, we want the space to be warm and welcoming.

April planning event to bring together steering group and partners for an informal workshop – create shared goals and vision for the project.

Currently working on Terms of Reference – Usman to share with group to get feedback.

Town Council/Partnership is happy to support. Kay offered to open the hub as Mayor in May.

## **5. Congleton Station/Sarmatians/Suicide**

Discussion around measures that we could take in light of recent tragic events at Congleton Train Station.

- 1) Signage at the Train Station is still considered poor despite looking like signs had recently been updated. No signage on the main road bridge over the station.
- 2) CTC to create a campaign in January on social media channels/PR etc
- 3) Public Health – what resources already exist/what can we leverage?
- 4) [Cheshire East Self-Harm and Suicide Prevention Action Plan 2023-2025](#) –

14<sup>th</sup> March Online Training - The Suicide Prevention Level 2 Training is a FREE online, half-day session, aimed at supporting both children and adults. (*Fully Booked*).

20-minute e-learning basic suicide prevention training  
[20-minute suicide awareness training \(zerosuicidealliance.com\)](https://www.zerosuicidealliance.com)

## **6. Closure of Old Saw Mill/MyCWA**

MyCWA has acquired a large donation which will allow them to continue an active service in Congleton. Cheshire East is only agreeing to funding 12 months at a time.

\*Lobby for a longer-term approach to funding.

Closure of Old Saw Mill Café took place in Dec 24. The Old Saw Mill has rented a piece of land on Canal Street from the John Halford Trust. The lunch club is continuing to operate from the Town Hall and caterer Mark Bailey.

Congleton Apple juice is looking to continue although there are discussions taking place.

Repair Café have found a new base in the Masonic Hall and will be operational in March. Mentell is meeting at the town hall.

## 7. Update CHOC community plans and priorities

Kate Fallon updated the group.

**Weight management**—A cohort of around 2500 people in low deprivation has been identified. They will be offered a weight management programme through Everybody Health & Leisure, including a peer support group. Invitations will be sent out via text message to patients from their GP surgery. Text messages will begin to be sent out at the beginning of March.

**Better Care Fund – High-Intensity Users** programme to invite patients in for a full review, a 45-minute appointment with a GP to go through all health concerns. Patients are identified through data using a specific search criteria, for example, the %risk of hospital admission, etc.

## 8. Update on Assisted Living plans and places

Update received in Oct '24. - The status of developments is as follows.

**Mountview** – A procurement process was undertaken in May 2024 by the Council's Strategic Housing Team, to find a development partner for a mix of bungalows and self-contained units for people with complex needs. This procurement was unsuccessful. Adult Social Care is currently conducting a review of learning disability-supported living accommodation in the borough as part of the Council's transformation programme. A final decision on the future purpose of Mountview will be subject to the review being completed. Economy & Growth Committee were updated in September regarding its position and next steps, as it is a site within the Housing Development Framework programme.

**Bradshaw House** – Commissioners have been working with the care provider Radis and Golden Lane Housing on the development of six self-contained units for people with learning disabilities. This is anticipated to go live in October 2024.

**Newcastle Road** – Commissioning has provided support to East Cheshire Housing consortium, in the development of eight self-contained units to support people with mental health support needs. There is no firm timeframe at present, but it is anticipated to be the second half of 2025 before it goes live.

**Greengables** - This site had a target date of 4 September 2024 for planning, but a decision has yet to be made. This is for a residential rehabilitation service to provide inpatient step-down for people with mental ill-health; it is not supported living.

<https://pa.cheshireeast.gov.uk/planning/index.html?fa=getApplication&id=12601>

Active Pathways are the care provider who are seeking to deliver this provision. Adult social care has not been involved in the development of this scheme and it is not a statutory consultee for the purposes of planning consent. The Integrated Care Board have had discussions with Active Pathways, but have not formally supported the commissioning of this provision.

**Chapel Brook House** - This is a supported living scheme for 14 self-contained units for individuals with complex mental health support needs based on a recovery led model. This is being delivered by SIS and Hilldale Housing and has been jointly supported by commissioners from the ICB and CEC and has a go live date of Quarter 1 2025.

**Westhaven** – The ICB and Onward Housing are developing 4 units to support the Transforming Care cohort. This is currently in the development stages and a care provider for the scheme is yet to be appointed.

## **9. Update on Disability Welcome Scheme**

The disability welcome scheme leaflet was shared with the group and will be launched in March '25.

## **10. Public Health Calendar**

View dates on Google Sheets -

[https://docs.google.com/spreadsheets/d/17zqjcpG2mtH1fG18DEWjTPe\\_tMJ-6ZuDvArnzM4Dplc/edit?usp=sharing](https://docs.google.com/spreadsheets/d/17zqjcpG2mtH1fG18DEWjTPe_tMJ-6ZuDvArnzM4Dplc/edit?usp=sharing)

Campaigns to focus on:

National Stop Smoking Day – 13<sup>th</sup> March

Disability Pride Month. - July

Alcohol Awareness – 7<sup>th</sup>- 13<sup>th</sup> July

Mental Health Awareness – 12<sup>th</sup> - 18 May

Know Your Numbers – 8<sup>th</sup> – 14<sup>th</sup> September

Menopause Awareness - 18<sup>th</sup> October

**AOB** Community Health & Wellbeing Fayre 18<sup>th</sup> March 10-2pm

**Date of Next Meetings:** 1<sup>st</sup> May 2025 / 28<sup>th</sup> August / 13<sup>th</sup> November