

## Health and Wellbeing Working Group Minutes

**Tuesday 13 February 2024 TEAMS Meeting (Virtual) 3.30pm – 5pm**

**Present CTC:** Cllr Suzy Firkin (Chair), Cllr Emma Hall, Cllr Amanda Martin, Cllr Richard Walton, Cllr Kay Wesley, Jackie MacArthur (CTC),

**Guests:** Rachel Wallace, Head of Communications and Engagement NHS Cheshire East Trust (for item 9) Usman Ashiq, Plus Dane Community Engagement Officer (part of item 3), Olivia Murray, NHS Future Health – new item

1. **Apologies** Cllr Liz Wardlaw, Cllr David Brown, Dr Paul Bishop
2. **Draft Agenda Approval** – approved with an addition that after the Help Hub item, we would be joined by Olivia Murray from Future Health Hub to discuss their plans/ proposals for Congleton.
3. **Update on Primary Care Network** – Dr Paul Bishop was not able to join us due to illness. He reported via email that work was ongoing around the technicalities of improvements to the Primary Care network and that a senior nurse practitioner had been employed and was working across the four surgeries.

#### 4. **Review of Action Log**

Work outstanding:

1. Promotion around Primary Care Network (needs to be time appropriate)
2. Disability-positive objectives – long-term projects, but work started
3. Inclusive Living – blockage with CEC
4. Health and Wellbeing Fayre was a success – will be discussed at the senior forum. Numbers attending Fayre were up, but numbers attending the seminars were down.

Usman from Plus Dane gave an update on the Wellbeing Hub planned for the 2<sup>nd</sup> floor of Worrall Street. Work progressing on governance, logistics, health and safety, risks and barriers and suitable IT solutions. Waiting for a slot to take it to Plus Dane Executive. Main aim is to get a 12-month pilot approved.

**Action: 4.1 Usman to keep the group updated on progress and support that is required via Jackie**

#### 5. **Paper on a proposed Help Hub**

A paper was submitted from a person attending the Health and Wellbeing Fayre requesting that Congleton Town Council consider setting up a help hub where several different agencies/organisations that offer support could be located under one roof at a specific time – eg once a month or whatever works. Some concerns were raised about whether another offer was needed, or if it would be better to piggyback onto existing events. Potential to link with a time for drop-in sessions with the Health and Wellbeing hub. Agreed we need to keep things as easy as possible for the public. Many people need multiple support levels and we believe many people are not accessing the full range of CE Services.

**Action 5.1 – Better understanding of support level funded by CEC required. Cllr Suzy Firkin will write to Cllr Emma Hall to outline situation.**

**Extra Item**

**5a. Our Future Health - EMS Health Care. Olivia Murray.**

Olivia explained that the company that she works for is running a project sponsored by the NHS and life science companies to conduct health tests to try and learn more about the development and treatment of diseases such as diabetes, heart conditions, cancer and dementia by getting data from healthy people, rather than people who are sent for tests having already expressed concerns to a doctor. The unit will take up around 25 spaces in a car park and is hoping to be in Congleton for a month in the summer. People will be sent invitations and also can call in as a walk-in. Questions were asked about the data collection and who has access to people's health records.

**Information sent by Olivia post meeting with response links:**

- How we control access to data: <https://ourfuturehealth.org.uk/protecting-your-data/how-we-control-access-to-data/>
- How we protect your data: <https://ourfuturehealth.org.uk/protecting-your-data/how-we-protect-your-data/>
- How we make data available for research: <https://ourfuturehealth.org.uk/protecting-your-data/how-we-make-data-available-for-research/>
- Link for further information on the Project: <https://ourfuturehealth.org.uk/>

**ACTION: 5a Jackie to include in Bear Necessities**

**6. Update on Support Living Centres in Congleton**

Cllr Suzy Firkin told the group we are still waiting for updates from Cheshire East on Bradshaw House, Mountview and Moody Hall. We can see work underway on Bradshaw House.

**Action 6a – Cllr Suzy Firkin to enlist support from Cllr Liz Wardlaw to get a better picture of the various independent living schemes in Congleton.**

**7. Disability Positive – Cllr Kay Wesley updated the group**

The Equal Access Group has met twice. Cllr Kay Wesley talked the group through the survey results (based on 148 responses). Group is due to meet on the 19<sup>th</sup> April to discuss events and how to make them more accessible. More information on the work of the group can be seen on the Equal Access section of the website.

[Copy of the survey results.](#)

**8. Feedback from CEC Health and Wellbeing Scrutiny Group.**

Cllr Wardlaw was not able to make the meeting – add to agenda for June

**Action 9.1 The Chair will seek an update from Cllr Wardlaw.**

## **9. Update on the War Memorial 100 years celebrations – Rachel Wallace, NHS East Cheshire**

Rachel updated the group on East Cheshire NHS Trust and plans to celebrate 100 years of Congleton War Memorial Hospital.

- a) Noted the charitable trust has been launched – aiming to raise £10,000 for a well-being garden for staff, patients and visitors, murals for the walls and create a relaxing area for staff.
- b) Creating a 'Giving Tree' to show donations
- c) Lily is working with the League of Friends - who have donated £4,000.
- d) The Ward party will be on the 22<sup>nd</sup> May - and staff attending the 100<sup>th</sup> anniversary party in the park on Monday 27<sup>th</sup> May.
- e) 9<sup>th</sup> July CE NHS Trust will hold its AGM in Congleton Town Hall - encourage people to attend.
- f) Will be having a stall at the Makers Market on the 27<sup>th</sup> April.

### **Actions:**

**9.1 Rachel W to write an article for Bear Necessities about the charitable trust**

**9.2 CTC to help promote the Trust's AGM**

**9.3 Jackie to add Jed Murphy to the list of speakers at the Park event.**

## **10. Well-Being Campaigns 2024 - Jackie MacArthur**

A copy of the Google Docs calendar was shared [Link to the Health and Wellbeing Calendar](#)

Noted that the new additions that the NHS Wellbeing Bus will be in the Town Centre on Saturdays the 18<sup>th</sup> May and 15<sup>th</sup> June.

### **Actions**

**10.1 – Marketing Team to continue to push out messages around key calendar dates.**

11. **AOB** – The current Chair, Cllr Suzy Firkin would like to stand down from the role of Chair to put more energy into other projects. Working Group membership will be discussed at the Informal Meeting. Please consider being chair. It would be possible to change the time and or day of the meeting to suit those who choose to sit on the group.

## **12. Date of Next Meeting**

**SUGGESTED: Tuesday 11 June 3.30pm – 5pm**